



HEALTH

Todacitan: the only drug to quit smoking financed by CASS

This drug is a medical treatment to quit smoking in just 25 days

In 2020, Champix was funded, which made it possible to quit smoking in three months

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Quitting smoking is not an easy task, which is why, according to the Rompe con la Nicotina study, 75% of smokers have tried to quit this habit at least once in their lives. The National Institute on Drug Abuse also indicates that only 6% manage to quit permanently. It is for this reason that many smokers seek the help of drugs to alleviate the symptoms of withdrawal.

According to the World Health Organization (WHO), the nicotine contained in tobacco is «highly» addictive, and the consumption of this substance is one of the main risk factors for cardiovascular and respiratory diseases, as well as more than 20 types or different subtypes of cancer and many other diseases. More than eight million deaths related to tobacco consumption are registered each year.

In our country, during the pe-

In the Principality, the consumption of tobacco and nicotine was the main preventable cause of premature death

riod from 2017 to 2021, the consumption of tobacco and nicotine was the main preventable cause of premature death according to the latest study carried out by the Department of Statistics of the Government.

The State, in order to reduce these figures and the consumption of tobacco, has presented different measures over the years, such as for example increasing the rates of the price of tobacco. In addition, the Andorran Social Security Fund (CASS) finances 75% of Todacitan.



► Image of a pharmacy.

This drug is a medical treatment to quit smoking in just 25 days. The short time in which the

medicine achieves its effectiveness contributes to the fact that fewer people throw in the towel to

quit tobacco after starting to take it. In addition, it also prevents relapses and has a high success rate.



Sara
(Fictitious Name)

PATIENT WHO HAS
QUIT SMOKING

«This medicine has worked very well for me, from the fourth day I no longer wanted to smoke and thanks to this I was able to quit. I haven't smoked for two months today.»

The effectiveness for quitting smoking thanks to Todacitan is 76%, which is why three out of four patients who take it succeed in overcoming their smoking habit. As Sara (fictitious name) explained, «this medicine has been very good for me, from the fourth day I no longer wanted to smoke and thanks to this I was able to quit. I haven't smoked for two months today.»

Todacitan is currently the only drug to overcome nicotine addiction funded by CASS, so the rest of the drugs that exist must be paid for on your own.

The only requirement that the public administration requires is a medical prescription from a health professional and subsequent approval by the Andorran Social Security Fund. Once all the steps have been completed, the patient can now access the Principality's pharmacies, pay the relevant amount of 111.09 euros, and CASS will later refund 75%. Today there is supply throughout the country and there are no patients on waiting lists to be able to buy this drug. ≡

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of **El Periòdic!**



ANDORRA ENDAVANT

ANDORRA ENDAVANT TRAVELS TO BRUSSELS

Escaldes-Engordany • Andorra Endavant traveled last Sunday to Brussels to have the meeting of questions with the Gide Cabinet this morning. The president of the parliamentary group, Carine Montaner, posted a photo explaining that «we are working with you on the subject of the European Union».

TRADITION

The 13th popular “calçotada” distributes around 850 rations

The event is one of the most anticipated on the Carnival schedule

EL PERIÒDIC ESCALDES-ENGORDANY

The Pro-Tourism Union of Escaldes-Engordany (UPTEE) celebrated again last Sunday the 13th popular calçotada in Veedor's street, one of the most anticipated events in the Escaldes Carnival schedule. This year, around 850 rations were distributed (representing around 10,500 calçots (chives) approximately) in an edition marked by the cold and the sun.

From very early in the morning, they began to prepare the star dish, together with the companions and the preparation of the tents, to be able to hold an event with all possible means. The ticket of 7.5 euros per person inclu-

ded the dozen calçots with romesco sauce, a slice of bread, sausage, drink and wine. But before the neighbors could taste it, the priest was in charge of the blessing.

Long queues formed during the afternoon for a family day in which «it's always a pleasure to see the public participate in all these popular and traditional events», declared the Consul Major of Escaldes-Engordany, Rosa Gili. Reunited and making a town, with these words Gili qualified the celebration of the different events that the parish Carnival presents. Despite pointing out the fact that there were fewer people on Saturday's big parade than in previous years, she mentioned that «if the streets are lively, it's good news both for the commercial sector and for the tourists who can enjoy and participate», as reported by the ANA. ≡



ANA/E.M.

►► Grouping the calçots to distribute.

CULTURE

Satire on the trial of the smugglers of Encamp

Political and topical issues such as the topic of YouTubers were discussed

EL PERIÒDIC ESCALDES-ENGORDANY

Plaça dels Arinsols in Encamp welcomed all the fans of the famous 'judici dels contrabandistas' last Sunday afternoon, a performance that refers to mountain smuggling by farmers. And it is that in the announcement the party committee announced that they had not shoot their last bolt for their satires. On this occasion, political issues or 'YouTubers' continued to be discussed. However, the evictions or the trial of the acti-

vist Vanessa Mendoza were touched upon. In addition, in the more musical part, themes such as 'Yo te esperaré' by Cali and El Dandee and the success of 'The Tyets', 'Coti x Coti' were touched upon. The trial was closed by the Encamp theme 'Joventut' and the sausage dish which everyone was able to enjoy. The little ones can enjoy the 'Just Dance' and face painting, after the distribution of sausages. At 00:00 the prizes for the floats and troupes of the great Carnival parade, held on Saturday, were handed out, and for the most revelers, DJ Toni Peret will play the music at the end of the day. On the other hand, it was also the Carnival parade in Sant Julià de Lòria, according to the ANA. ≡



ANA/E.M.

►► The entry of smugglers.

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